

Schedule - Arena 1

Session 1 May 31, 2025, 9:30 a.m.

| No. | Event | Participants |
|-----|---|--------------|
| 1 | Changquan 1 Set - 18-39 years women - Compulsory Routines | 1 |
| 2 | Changquan - 18 years and above men - Optional Routines (no nandu required) | 2 |
| 3 | Yang Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines, Yang Style Taijiquan (traditional) - 60 years and above women - Taijiquan Routines, Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines, Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 60 years and above men - Taijiquan Routines, Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines | 8 |
| 4 | Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines, Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines, 42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines, 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines | 8 |
| 5 | Taijiquan 32 - 40-59 years women - Taijiquan Routines, Taijiquan 32 - 60 years and above women - Taijiquan Routines, Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines | 7 |
| 6 | Daoshu 1 Set - 18-39 years women - Compulsory Routines | 1 |
| 7 | Daoshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required) | 3 |
| 8 | Chen Style Taiji Dao (traditional) - 40-59 years men - Taijiquan Routines, Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines | 2 |
| 9 | 42 Movements Taijijian - 15-17 years girls - Taijiquan Routines, 42 Movements Taijijian - 40-59 years men - Taijiquan Routines | 3 |
| 10 | Simplified 32 Movements Taijijian - 40-59 years women - Taijiquan Routines, Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines | 4 |
| 11 | Taijiquan Short Weapons (traditional) - 15-17 years girls - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines, Taijiquan Short Weapons (traditional) - 60 years and above women - Taijiquan Routines | 6 |
| 12 | Gunshu - 18 years and above men - Optional Routines (no nandu required), Qiangshu - 18 years and above men - Optional Routines (no nandu required) | 3 |

Session 2 May 31, 2025, 2 p.m.

| No. | Event | Participants |
|-----|---|--------------|
| 1 | Broadsword Routines - 9-11 years girls - Traditional Routines, Broadsword Routines - 12-14 years girls - Traditional Routines, Sword Routines - 12-14 years girls - Traditional Routines, Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines | 11 |
| 2 | Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines | 4 |
| 3 | Cudgel Routines - 9-11 years girls - Traditional Routines | 5 |
| 4 | Nangun 1 Set - Group B (12-14 years) girls - Compulsory Routines, Cudgel Routines - 12-14 years girls - Traditional Routines | 10 |
| 5 | Broadsword Routines - 15-17 years girls - Traditional Routines, Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines | 4 |
| 6 | Cudgel Routines - 15-17 years girls - Traditional Routines | 4 |
| 7 | Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines | 1 |
| 8 | Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines, Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines | 4 |
| 9 | Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years - Traditional Routines | 1 |

Session 3 June 1, 2025, 9:30 a.m.

| No. | Event | Participants |
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| 1 | Southern Styles - 18-39 years women - Traditional Routines | 8 |
| 2 | | 7 |

Schedule - Arena 1

| No. | Event | Participants |
|-----|---|--------------|
| | Northern Styles - 18-39 years women - Traditional Routines, Northern Styles - 40-59 years women - Traditional Routines | |
| 3 | Northern Styles - 18-39 years men - Traditional Routines | 6 |
| 4 | Northern Styles - 40-59 years men - Traditional Routines | 7 |
| 5 | Broadsword Routines - 18-39 years women - Traditional Routines, Sword Routines - 18-39 years women - Traditional Routines | 9 |
| 6 | Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines, Other Short and Soft Apparatus R - 40-59 years women - Traditional Routines | 9 |
| 7 | Cudgel Routines - 18-39 years women - Traditional Routines | 8 |
| 8 | Spear Routines - 18-39 years women - Traditional Routines, Other Long Apparatus Routines - 18-39 years women - Traditional Routines, Other Long Apparatus Routines - 40-59 years women - Traditional Routines | 7 |
| 9 | Female Duilian (Choreographed Sparring) - 18-39 years women - Traditional Routines | 3 |
| 10 | Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines | 2 |
| 11 | Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines | 2 |
| 12 | Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines, Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines | 2 |