

Schedule - Arena 1

Session 1 June 6, 2026, 9:30 a.m.

No.	Event	Participants
1	Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines	1
2	Changquan - 12 years and above men - Optional Routines (no nandu required)	2
3	Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines	4
4	Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines, Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines	2
5	Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Various Styles (traditional) - 60 years and above men - Taijiquan Routines, Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines	4
6	Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines, Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines	3
7	Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines, Simplified 32 Movements Taijijian - 60 years and above men - Taijiquan Routines	3
8	Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines	1
9	Chen Style Taiji Dao (traditional) - 40-59 years men - Taijiquan Routines, Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines	2
10	Taijishan - 18-39 years women - Taijiquan Routines	1
11	Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines, Taijiquan Long Weapons (traditional) - 60 years and above men - Taijiquan Routines	2
12	Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines	1
13	Gunshu - 12 years and above women - Optional Routines (no nandu required)	1
14	Qiangshu - 12 years and above men - Optional Routines (no nandu required)	1

Session 2 June 6, 2026, 1:30 p.m.

No.	Event	Participants
1	Southern Styles - 12-14 years girls - Traditional Routines	14
2	Southern Styles - 15-17 years girls - Traditional Routines	5
3	Northern Styles - 12-14 years girls - Traditional Routines, Northern Styles - 15-17 years girls - Traditional Routines	5
4	Broadsword Routines - 12-14 years girls - Traditional Routines	10
5	Broadsword Routines - 15-17 years girls - Traditional Routines	4
6	Sword Routines - 12-14 years girls - Traditional Routines	2
7	Cudgel Routines - 12-14 years girls - Traditional Routines	8
8	Cudgel Routines - 15-17 years girls - Traditional Routines	4
9	Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines	9
10	Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines	2

Session 3 June 7, 2026, 9:30 a.m.

No.	Event	Participants
1	Southern Styles - 18-39 years men - Traditional Routines	17
2	Southern Styles - 40-59 years men - Traditional Routines	10
3	Northern Styles - 18-39 years men - Traditional Routines	7
4	Northern Styles - 40-59 years men - Traditional Routines	2
5	Broadsword Routines - 18-39 years men - Traditional Routines	15
6	Broadsword Routines - 40-59 years men - Traditional Routines	7
7	Sword Routines - 18-39 years men - Traditional Routines	2

Session 4 June 7, 2026, 1 p.m.

No.	Event	Participants
1	Cudgel Routines - 12-14 years boys - Traditional Routines	7
2	Cudgel Routines - 15-17 years boys - Traditional Routines	12

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No.	Event	Participants
3	Spear Routines - 12-14 years boys - Traditional Routines, Spear Routines - 15-17 years boys - Traditional Routines	9
4	Other Long Apparatus Routines - 15-17 years boys - Traditional Routines	3
5	Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines	5
6	Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines, Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years combined - Traditional Routines	2