

Schedule - Arena 1

Session 1 Nov. 30, 2024, 9:30 a.m.

No.	Event	Participants
1	Changquan - 18 years and above men - Optional Routines (no nandu required), Changquan 1 Set - 18-39 years women - Compulsory Routines	5
2	42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines, 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines	3
3	Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines	1
4	Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines	1
5	Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines, Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines	2
6	Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines, Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines	2
7	Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines	1
8	Daoshu - 18 years and above men - Optional Routines (no nandu required), Jianshu - 18 years and above men - Optional Routines (no nandu required), Daoshu 1 Set - 18-39 years women - Compulsory Routines	6
9	42 Movements Taijijian - 15-17 years girls - Taijiquan Routines, 42 Movements Taijijian - 40-59 years men - Taijiquan Routines	3
10	Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines	1
11	Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines, Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines	3
12	Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines	1
13	Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines	1
14	Gunshu - 18 years and above men - Optional Routines (no nandu required)	2

Session 2 Nov. 30, 2024, 2:30 p.m.

No.	Event	Participants
1	Other Short and Soft Apparatus R - 9-11 years boys - Traditional Routines	4
2	Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines, Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines	4
3	Other Short and Soft Apparatus R - 12-14 years boys - Traditional Routines	5
4	Other Short and Soft Apparatus R - 15-17 years boys - Traditional Routines	7
5	Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines	2
6	Spear Routines - 9-11 years boys - Traditional Routines, Spear Routines - 12-14 years boys - Traditional Routines	3
7	Spear Routines - 15-17 years boys - Traditional Routines	5
8	Other Long Apparatus Routines - 12-14 years boys - Traditional Routines, Other Long Apparatus Routines - 15-17 years boys - Traditional Routines	3
9	Other Long Apparatus Routines - 15-17 years girls - Traditional Routines	1
10	Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines	5
11	Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines	3
12	Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines	1
13	Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years - Traditional Routines	1

Session 3 Dec. 1, 2024, 9:30 a.m.

No.	Event	Participants
1	Northern Styles - 18-39 years men - Traditional Routines	4
2	Northern Styles - 18-39 years women - Traditional Routines, Northern Styles - 40-59 years women - Traditional Routines	6
3	Northern Styles - 40-59 years men - Traditional Routines	5
4	Spear Routines - 18-39 years men - Traditional Routines, Spear Routines - 40-59 years men - Traditional Routines	3
5	Spear Routines - 18-39 years women - Traditional Routines	1
6	Cudgel Routines - 40-59 years men - Traditional Routines	5
7	Cudgel Routines - 18-39 years men - Traditional Routines	7

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No.	Event	Participants
8	Cudgel Routines - 18-39 years women - Traditional Routines	6
9	Other Long Apparatus Routines - 18-39 years men - Traditional Routines, Other Long Apparatus Routines - 40-59 years men - Traditional Routines	6
10	Other Long Apparatus Routines - 18-39 years women - Traditional Routines	3
11	Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines, Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines	4
12	Female Duilian (Choreographed Sparring) - 40-59 years women - Traditional Routines	2
13	Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years - Traditional Routines	8

Session 4 Dec. 1, 2024, 2:30 p.m.