

Start lists - Arena 1

session 1 June 17, 2023, 9 a.m.

Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |
| 2 | Emilia CHMURSKA | Kung Fu Pro Warszawa |
| 3 | Mahnoushsadat MOOSSAVI | Kung Fu Pro Warszawa |

Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|----------------|----------------------|
| 1 | Marcin ZARÓD | UKS Kung Fu Tarnów |
| 2 | Paweł BEDNAREK | Kung Fu Pro Warszawa |
| 3 | Robert WIELGUS | UKS Kung Fu Tarnów |
| 4 | Robert MERCHUT | UKS Kung Fu Tarnów |

Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------|-------------------------------------|
| 1 | Elżbieta PROSZAK | Klub Sportowy Nanbei Tygrys Rzeszów |
| 2 | Gerard POGODA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 3 | Robert WOŹNIAK | Shaolin Kung Fu Beskidy |

Taijiquan 32 - 40-59 years women - Taijiquan Routines,
Taijiquan 32 - 60 years and above women - Taijiquan Routines

| No. | Athlete | Team |
|-----|-------------------|-------------------------------------|
| 1 | Mariola HOSZOWSKA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 2 | Elżbieta PROSZAK | Klub Sportowy Nanbei Tygrys Rzeszów |

42 Movements Taijiquan - 12-14 years girls - Taijiquan Routines,
42 Movements Taijiquan - 18-39 years women - Taijiquan Routines,
42 Movements Taijiquan - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |
| 2 | Vanessa PARADIUK | Kung Fu Pro Warszawa |
| 3 | Tomasz DYBICZ | Kung Fu Pro Warszawa |

Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines,
Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines,
Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines

| No. | Athlete | Team |
|-----|-------------------|-------------------------------------|
| 1 | Mariola HOSZOWSKA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 2 | Elżbieta PROSZAK | Klub Sportowy Nanbei Tygrys Rzeszów |
| 3 | Gerard POGODA | Klub Sportowy Nanbei Tygrys Rzeszów |

Taijiquan Various Styles (traditional) - 18-39 years women - Taijiquan Routines,
Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines,
Taijiquan Various Styles (traditional) - 40-59 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|--------------------|-------------------------------------|
| 1 | Wiktoria CIEŚLICKA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 2 | Mariola HOSZOWSKA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 3 | Robert WOŹNIAK | Shaolin Kung Fu Beskidy |

Start lists - Arena 1

Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |
| 2 | Mahnoushsadat MOOSSAVI | Kung Fu Pro Warszawa |
| 3 | Emilia CHMURSKA | Kung Fu Pro Warszawa |

Yang Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines,
Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|----------------|----------------------|
| 1 | Paweł BEDNAREK | Kung Fu Pro Warszawa |
| 2 | Marcin ZARÓD | UKS Kung Fu Tarnów |
| 3 | Tomasz DYBICZ | Kung Fu Pro Warszawa |
| 4 | Robert WIELGUS | UKS Kung Fu Tarnów |
| 5 | Robert MERCHUT | UKS Kung Fu Tarnów |

42 Movements Taijijian - 12-14 years girls - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------|----------------------|
| 1 | Vanessa PARADIUK | Kung Fu Pro Warszawa |

Taijiquan Short Weapons (traditional) - 18-39 years women - Taijiquan Routines,
Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|--------------------|-------------------------------------|
| 1 | Wiktoria CIEŚLICKA | Klub Sportowy Nanbei Tygrys Rzeszów |
| 2 | Mariola HOSZOWSKA | Klub Sportowy Nanbei Tygrys Rzeszów |

Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|----------------|--------------------|
| 1 | Robert WIELGUS | UKS Kung Fu Tarnów |
| 2 | Robert MERCHUT | UKS Kung Fu Tarnów |

awarding ceremony

session 2 June 17, 2023, 2 p.m.

Changquan - 18 years and above men - Optional Routines (no nandu required),
Changquan 3 Set - 18-39 years men - Compulsory Routines

| No. | Athlete | Team |
|-----|-------------------|------------------------|
| 1 | Morgan MYŚKO | Kung Fu Pro Warszawa |
| 2 | Mateusz SIEMIANOW | Krakowska Szkoła Wushu |
| 2 | Michał MALINOWSKI | Kung Fu Pro Warszawa |
| 3 | Maciej WILCZYŃSKI | Krakowska Szkoła Wushu |

Changquan - 18 years and above women - Optional Routines (no nandu required),
Changquan 1 Set - Group B (12-14 years) girls - Compulsory Routines,
Changquan 3 Set - Group A (15-17 years) girls - Compulsory Routines

| No. | Athlete | Team |
|-----|------------------------|------------------------|
| 1 | Marika BRODOWSKA | Krakowska Szkoła Wushu |
| 2 | Maja LIBER | Krakowska Szkoła Wushu |
| 3 | Izabela JAJEŚNIAK | Krakowska Szkoła Wushu |
| 4 | Yao Ye WEI | Kung Fu Pro Warszawa |
| 5 | Estera WIERZBIŃSKA | Krakowska Szkoła Wushu |
| 6 | Małgorzata PIEŚNIEWSKA | Kung Fu Pro Warszawa |
| 7 | Xiang DING | Kung Fu Pro Warszawa |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|--------------------------|------------------------|
| 8 | Anna CHUDAK MORZUCHOWSKA | individual application |

Daoshu - 18 years and above men - Optional Routines (no nandu required),

Jianshu - 18 years and above men - Optional Routines (no nandu required),

Daoshu 3 Set - 18-39 years men - Compulsory Routines

| No. | Athlete | Team |
|-----|-------------------|------------------------|
| 1 | Michał FROSIK | Krakowska Szkoła Wushu |
| 2 | Michał MALINOWSKI | Kung Fu Pro Warszawa |
| 3 | Morgan MYŚKO | Kung Fu Pro Warszawa |
| 4 | Mateusz SIEMIANOW | Krakowska Szkoła Wushu |

Jianshu 1 Set - Group A (15-17 years) girls - Compulsory Routines

| No. | Athlete | Team |
|-----|--------------------|------------------------|
| 1 | Izabela JAJEŚNIAK | Krakowska Szkoła Wushu |
| 2 | Estera WIERZBIŃSKA | Krakowska Szkoła Wushu |

Daoshu 32 Movements - Group B (12-14 years) girls - Compulsory Routines,

Daoshu 32 Movements - 18-39 years women - Compulsory Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Małgorzata PIEŚNIEWSKA | Kung Fu Pro Warszawa |
| 2 | Yao Ye WEI | Kung Fu Pro Warszawa |
| 3 | Xiang DING | Kung Fu Pro Warszawa |

Gunshu - 18 years and above men - Optional Routines (no nandu required),

Qiangshu - 18 years and above men - Optional Routines (no nandu required),

Gunshu 1 Set - 18-39 years men - Compulsory Routines

| No. | Athlete | Team |
|-----|-------------------|------------------------|
| 1 | Michał FROSIK | Krakowska Szkoła Wushu |
| 2 | Michał MALINOWSKI | Kung Fu Pro Warszawa |
| 3 | Maciej WILCZYŃSKI | Krakowska Szkoła Wushu |
| 4 | Morgan MYŚKO | Kung Fu Pro Warszawa |

Gunshu 1 Set - Group B (12-14 years) girls - Compulsory Routines,

Qiangshu 2 Set - Group A (15-17 years) girls - Compulsory Routines

| No. | Athlete | Team |
|-----|--------------------|------------------------|
| 1 | Marika BRODOWSKA | Krakowska Szkoła Wushu |
| 2 | Izabela JAJEŚNIAK | Krakowska Szkoła Wushu |
| 3 | Estera WIERZBIŃSKA | Krakowska Szkoła Wushu |

Qiangshu 32 Movements - Group B (12-14 years) girls - Compulsory Routines,

Qiangshu 32 Movements - 18-39 years women - Compulsory Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Xiang DING | Kung Fu Pro Warszawa |
| 2 | Małgorzata PIEŚNIEWSKA | Kung Fu Pro Warszawa |

1st Duan Changquan - under 9 years boys - Demonstration Compulsory Routines

| No. | Athlete | Team |
|-----|-------------------|------------------------|
| 1 | Oskar GURNIKOWSKI | Krakowska Szkoła Wushu |

Start lists - Arena 1 awarding ceremony

session 3 June 18, 2023, 9 a.m.

Northern Styles - 18-39 years men - Traditional Routines,
Northern Styles - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------------|---|
| 1 | Maksymilian MURSZEWski | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 2 | Jakub DZIECIELSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 3 | Piotr CZERNIAWSKI | Akademia Kungfu/Wushu Warszawa |
| 4 | Paweł JUCHA | Shaolin Kung Fu Beskidy |
| 5 | Krzysztof ROGALA | individual application |
| 6 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 7 | Adam SZYMAŃSKI | Akademia Kungfu/Wushu Warszawa |
| 8 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |

Northern Styles - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|--|
| 1 | Patrycja KOLASKA | Shaolin Kung Fu Beskidy |
| 2 | Beata ENGEL | Szkoła Chińskich Sztuk Walki Shaolin Olsztyn |
| 3 | Dorota WIŚNIEWSKA | Shaolin Kung Fu Beskidy |

Southern Styles - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---|
| 1 | Tomasz BILUT | UKS Kung Fu Tarnów |
| 2 | Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 3 | Michał DENUSZEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 4 | Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 5 | Konrad MAŚNICKI | UKS Fu Hok Kuen Płock |
| 6 | Jakub LORENS | Akademia Kung Fu Tygrys i Żuraw |
| 7 | Radosław BOGUSZ | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 8 | Piotr CZERNIAWSKI | Akademia Kungfu/Wushu Warszawa |
| 9 | Mateusz JANOWSKI | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 10 | Adam SZYMAŃSKI | Akademia Kungfu/Wushu Warszawa |
| 11 | Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |
| 12 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |
| - | Łukasz MAŚLANKA | UKS Kung Fu Tarnów |

Southern Styles - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|---|
| 1 | Marcin ZARÓD | UKS Kung Fu Tarnów |
| 2 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| 3 | Marcin ŻABIŃSKI | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 4 | Marek USZKUR | MKS Kung Fu Wieliczka |

Southern Styles - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|---------------------------------|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Emilia RYCHLEWSKA | UKS Fu Hok Kuen Płock |
| 3 | Sylwia KAŁUCKA | UKS Kung Fu Tarnów |
| 4 | Anastazja KOTLIŃSKA | Akademia Kung Fu Tygrys i Żuraw |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|-----------------|-----------------------|
| 5 | Jolanta DRUKAŁA | ZKS Lampart Zabierzów |

Sword Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|-------------------------|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Patrycja KOLASKA | Shaolin Kung Fu Beskidy |
| 3 | Jolanta DRUKAŁA | ZKS Lampart Zabierzów |

Sword Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|---------------|--|
| 1 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |

Broadsword Routines - 18-39 years men - Traditional Routines,
Broadsword Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---|
| 1 | Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 2 | Jakub DZIECIELSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 3 | Michał DENUSZEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 4 | Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 5 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| 6 | Adam SZYMAŃSKI | Akademia Kungfu/Wushu Warszawa |
| 7 | Piotr CZERNIAWSKI | Akademia Kungfu/Wushu Warszawa |
| 8 | Marek USZKUR | MKS Kung Fu Wieliczka |
| - | Łukasz MAŚLANKA | UKS Kung Fu Tarnów |

Broadsword Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|-----------------------|
| 1 | Emilia RYCHLEWSKA | UKS Fu Hok Kuen Płock |
| 2 | Anna GIEŚLIK | ZKS Lampart Zabierzów |

Spear Routines - 18-39 years men - Traditional Routines,
Spear Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|--|
| 1 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 2 | Michał DENUSZEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 3 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| - | Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |

Spear Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|-------------------------|
| 1 | Patrycja KOLASKA | Shaolin Kung Fu Beskidy |
| 2 | Aleksandra KALISZ | ZKS Lampart Zabierzów |
| 3 | Jolanta DRUKAŁA | ZKS Lampart Zabierzów |

Cudgel Routines - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---|
| 1 | Jakub DZIECIELSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 2 | Michał DENUSZEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 3 | Jakub LORENS | Akademia Kung Fu Tygrys i Żuraw |
| 4 | Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 5 | Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|-----------------|--------------------|
| - | Łukasz MAŚLANKA | UKS Kung Fu Tarnów |

Cudgel Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|---|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Emilia RYCHLEWSKA | UKS Fu Hok Kuen Płock |
| 3 | Weronika KOCEBA | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 4 | Anastazja KOTLIŃSKA | Akademia Kung Fu Tygrys i Żuraw |
| 5 | Anna CIEŚLIK | ZKS Lampart Zabierzów |
| 6 | Sylwia KAŁUCKA | UKS Kung Fu Tarnów |

Cudgel Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|---------------|--|
| 1 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 2 | Marcin ZARÓD | UKS Kung Fu Tarnów |
| 3 | Marek USZKUR | MKS Kung Fu Wieliczka |

Other Short and Soft Apparatus R - 18-39 years men - Traditional Routines,
Other Short and Soft Apparatus R - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|---|
| 1 | Tomasz BILUT | UKS Kung Fu Tarnów |
| 2 | Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 3 | Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 4 | Michał DENUSZEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 5 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| 6 | Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |
| 7 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |
| - | Łukasz MAŚLANKA | UKS Kung Fu Tarnów |

Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|--------------------------|--|
| 1 | Aleksandra KALISZ | ZKS Lampart Zabierzów |
| 2 | Beata ENGEL | Szkoła Chińskich Sztuk Walki Shaolin Olsztyn |
| 3 | Anna CHUDAK MORZUCHOWSKA | individual application |

Other Long Apparatus Routines - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------------|---|
| 1 | Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 2 | Maksymilian MURSZEWSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 3 | Piotr CZERNIAWSKI | Akademia Kungfu/Wushu Warszawa |
| 4 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |

Other Long Apparatus Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|-----------------------|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Aleksandra KALISZ | ZKS Lampart Zabierzów |
| 3 | Anna CIEŚLIK | ZKS Lampart Zabierzów |

Duilian (Set Sparring) - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------------------|---|
| 1 | Michał DENUSZEK, Patryk FIDOS | Grupa Nia Kwang Chow Gar Kung Fu Polska |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|----------------------------------|---|
| 2 | Radosław BOGUSZ, Mateusz ROŻENEK | Grupa Nia Kwang Chow Gar Kung Fu Polska |

Duilian (Set Sparring) - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------------------------|---|
| 1 | Weronika KOCEBA, Szymon BURY | Grupa Nia Kwang Chow Gar Kung Fu Polska |
| 2 | Jolanta DRUKAŁA, Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 3 | Aleksandra KALISZ, Anna CIEŚLIK | ZKS Lampart Zabierzów |
| 4 | Anastazja KOTLIŃSKA, Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |

awarding ceremony