

Start lists - Arena 1

session 1 June 15, 2024, 9 a.m.

Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 40-59 years women - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Marta RZUCEK	Klub Sportowy Nanbei Tygrys Rzeszów
2	Marta KOZUBSKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Maria PIÓRO	Klub Sportowy Nanbei Tygrys Rzeszów
5	Marek MAGIERA	Shaolin Kung Fu Beskidy
6	Robert WOŹNIAK	Shaolin Kung Fu Beskidy

Taijiquan 32 - 40-59 years men - Taijiquan Routines,
 Taijiquan 32 - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Dorota FERENC-KOPEĆ	Klub Sportowy Nanbei Tygrys Rzeszów
2	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Wojciech ADAMCZUK	Klub Sportowy Nanbei Tygrys Rzeszów

Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines,
 42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines,
 42 Movements Taijiquan - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Vanessa PARADIUK	Kung Fu Pro Warszawa
2	Tomasz DYBICZ	Kung Fu Pro Warszawa
3	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Wojciech ADAMCZUK	Klub Sportowy Nanbei Tygrys Rzeszów
5	Paweł WIECZOREK	Kung Fu Pro Warszawa
-	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów

Yang Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan (traditional) - 40-59 years women - Taijiquan Routines,
 Yang Style Taijiquan (traditional) - 60 years and above women - Taijiquan Routines,
 Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Robert WOŹNIAK	Shaolin Kung Fu Beskidy
4	Maria PIÓRO	Klub Sportowy Nanbei Tygrys Rzeszów
5	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines,
 Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines,
 Chen Style Taijiquan (traditional) - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Mahnoushsadat MOOSSAVI	Kung Fu Pro Warszawa
2	Emilia CHMURSKA	Kung Fu Pro Warszawa
3	Paweł BEDNAREK	Kung Fu Pro Warszawa
4	Marcin ZARÓD	UKS Kung Fu Tarnów
5	Robert WIELGUS	UKS Kung Fu Tarnów
6	Karolina DUMAŃSKA	UKS Kung Fu Tarnów

Start lists - Arena 1

42 Movements Taijijian - 15-17 years girls - Taijiquan Routines,
42 Movements Taijijian - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Vanessa PARADIUK	Kung Fu Pro Warszawa
2	Tomasz DYBICZ	Kung Fu Pro Warszawa
3	Paweł WIECZOREK	Kung Fu Pro Warszawa

Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa

Taijiquan Short Weapons (traditional) - 40-59 years men - Taijiquan Routines,
Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines,
Taijiquan Short Weapons (traditional) - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Dorota FERENC-KOPEĆ	Klub Sportowy Nanbei Tygrys Rzeszów
2	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
4	Wojciech ADAMCZUK	Klub Sportowy Nanbei Tygrys Rzeszów
5	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów
6	Marta RZUCEK	Klub Sportowy Nanbei Tygrys Rzeszów
7	Marta KOZUBSKA	Klub Sportowy Nanbei Tygrys Rzeszów

Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines,
Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Mahnoushsadat MOOSSAVI	Kung Fu Pro Warszawa
3	Emilia CHMURSKA	Kung Fu Pro Warszawa
4	Paweł BEDNAREK	Kung Fu Pro Warszawa
5	Marcin ZARÓD	UKS Kung Fu Tarnów
6	Robert WIELGUS	UKS Kung Fu Tarnów

Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Marcin ZARÓD	UKS Kung Fu Tarnów
2	Robert WIELGUS	UKS Kung Fu Tarnów

session 2 June 15, 2024, 2 p.m.

Sword Routines - 12-14 years girls - Traditional Routines,
Sword Routines - 15-17 years boys - Traditional Routines

No.	Athlete	Team
1	Marcin JEŃDRZEJOWSKI	UKS Płaszowska Szkoła Kung Fu
2	Stefan ZAREMBA	UKS Płaszowska Szkoła Kung Fu
3	Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu

Other Short and Soft Apparatus R - under 9 years girls - Traditional Routines,
Other Short and Soft Apparatus R - 9-11 years boys - Traditional Routines,
Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines

No.	Athlete	Team
1	Maria DEJA	UKS Płaszowska Szkoła Kung Fu
2	Dawid WÓJCIK	UKS Kung Fu Tarnów
3	Alicja DERŻKO	UKS Kung Fu Tarnów

Start lists - Arena 1

No.	Athlete	Team
4	Oliver GIBAŁA	UKS Kung Fu Tarnów
5	Julian TEKIELAK	UKS Płaszowska Szkoła Kung Fu
6	Alicja COTEREAU	UKS Płaszowska Szkoła Kung Fu

Spear Routines - 12-14 years boys - Traditional Routines

No.	Athlete	Team
1	Filip ZIARKOWSKI	ZKS Lampart Zabierzów
2	Franciszek MIŚKIEWICZ	ZKS Lampart Zabierzów
3	Maksymilian CHUCHERKO	ZKS Lampart Zabierzów

Other Short and Soft Apparatus R - 12-14 years boys - Traditional Routines,
Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines

No.	Athlete	Team
1	Adam WARGACKI	UKS Płaszowska Szkoła Kung Fu
2	Oskar TABORSKI	UKS Płaszowska Szkoła Kung Fu
3	Aleksandra HEBDA	UKS Płaszowska Szkoła Kung Fu
4	Tymoteusz FURTAK	YMAA Targos Wu Guan Wrocław

Other Short and Soft Apparatus R - 15-17 years boys - Traditional Routines

No.	Athlete	Team
1	Jakub BILUT	UKS Kung Fu Tarnów
2	Mieszko PRZYGODA	UKS Kung Fu Tarnów
3	Franciszek DERŻKO	UKS Kung Fu Tarnów
4	Stefan ZAREMBA	UKS Płaszowska Szkoła Kung Fu
5	Marcin JĘDRZEJOWSKI	UKS Płaszowska Szkoła Kung Fu
6	Łukasz STRZAŁKOWSKI	UKS Kung Fu Tarnów
7	Bartosz DZIADEK	MKS Kung Fu Wieliczka
8	Aleksander OSSOWSKI	ZKS Lampart Zabierzów
9	Michał ROGOZIŃSKI	Akademia Kungfu/Wushu Warszawa
10	Wit KŁUSKIEWICZ	Buski Klub Kung Fu Yantai

Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines

No.	Athlete	Team
1	Natalia ZARÓD	UKS Kung Fu Tarnów
2	Laura KACZMAREK	UKS Kung Fu Tarnów
3	Maja KUĆ	MKS Kung Fu Wieliczka
4	Agata GRZEGORZEK	Shaolin Kung Fu Beskidy

Other Long Apparatus Routines - 12-14 years boys - Traditional Routines,
Other Long Apparatus Routines - 15-17 years boys - Traditional Routines,
Other Long Apparatus Routines - 15-17 years girls - Traditional Routines

No.	Athlete	Team
1	Jakub OLESZCZUK	UKS Płaszowska Szkoła Kung Fu
2	Oskar TABORSKI	UKS Płaszowska Szkoła Kung Fu
3	Michał ROGOZIŃSKI	Akademia Kungfu/Wushu Warszawa
4	Wit KŁUSKIEWICZ	Buski Klub Kung Fu Yantai
5	Patrycja SŁOPIECKA	Buski Klub Kung Fu Yantai

Spear Routines - 15-17 years boys - Traditional Routines,
Spear Routines - 15-17 years girls - Traditional Routines

No.	Athlete	Team
1	Jakub OLESZCZUK	UKS Płaszowska Szkoła Kung Fu

Start lists - Arena 1

No.	Athlete	Team
2	Franciszek DERŻKO	UKS Kung Fu Tarnów
3	Jakub BILUT	UKS Kung Fu Tarnów
4	Bartosz DZIADEK	MKS Kung Fu Wieliczka
5	Joanna KUŁACH	MKS Kung Fu Wieliczka
6	Aleksander OSSOWSKI	ZKS Lampart Zabierzów

Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines,
 Changquan 32 Movements - Group C (under 12) girls - Compulsory Routines,
 Nanquan 32 Movements - Group C (under 12) girls - Compulsory Routines

No.	Athlete	Team
1	Aleksija TIŠAKOVA	KMN Wushu Team Klaipeda
2	Margarita ŠČIGELSKAJA	KMN Wushu Team Klaipeda
3	Artiom SERGIJENKO	KMN Wushu Team Klaipeda
4	Gleb JELISEJEV	KMN Wushu Team Klaipeda

Nanquan 1 Set - Group B (12-14 years) boys - Compulsory Routines

No.	Athlete	Team
1	Aleksandr CAPENKOV	KMN Wushu Team Klaipeda

Changquan 1 Set - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa

Daoshu 32 Movements - Group C (under 12) boys - Compulsory Routines,
 Daoshu 32 Movements - Group C (under 12) girls - Compulsory Routines,
 Nandao 32 Movements - Group C (under 12) girls - Compulsory Routines

No.	Athlete	Team
1	Aleksija TIŠAKOVA	KMN Wushu Team Klaipeda
2	Margarita ŠČIGELSKAJA	KMN Wushu Team Klaipeda
3	Gleb JELISEJEV	KMN Wushu Team Klaipeda
4	Artiom SERGIJENKO	KMN Wushu Team Klaipeda

Nandao 1 Set - Group B (12-14 years) boys - Compulsory Routines

No.	Athlete	Team
1	Aleksandr CAPENKOV	KMN Wushu Team Klaipeda

Daoshu - 18 years and above men - Optional Routines (no nandu required),
 Daoshu 1 Set - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Michał MALINOWSKI	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu
4	Małgorzata PIEŚNIEWSKA	Kung Fu Pro Warszawa

Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines,
 Gunshu 32 Movements - Group C (under 12) girls - Compulsory Routines,
 Nangun 32 Movements - Group C (under 12) girls - Compulsory Routines

No.	Athlete	Team
1	Aleksija TIŠAKOVA	KMN Wushu Team Klaipeda
2	Margarita ŠČIGELSKAJA	KMN Wushu Team Klaipeda
3	Artiom SERGIJENKO	KMN Wushu Team Klaipeda
4	Gleb JELISEJEV	KMN Wushu Team Klaipeda

Start lists - Arena 1

Nangun 1 Set - Group B (12-14 years) boys - Compulsory Routines

No.	Athlete	Team
1	Aleksandr CAPENKOV	KMN Wushu Team Klaipeda

Gunshu - 18 years and above men - Optional Routines (no nandu required),
 Qiangshu - 18 years and above women - Optional Routines (no nandu required)

No.	Athlete	Team
1	Michał FROSIK	Krakowska Szkoła Wushu
2	Diana CHMIELNICKA-FROSIK	Krakowska Szkoła Wushu
3	Michał MALINOWSKI	Kung Fu Pro Warszawa

session 3 June 16, 2024, 9 a.m.

Northern Styles - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Joachim PRUCHNICKI	YMAA Targos Wu Guan Wrocław
2	Mateusz PIETRZYK	YMAA Targos Wu Guan Wrocław
3	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
4	Krzysztof ROGALA	individual application
5	Krzysztof DĄBROWSKI	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
6	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa
7	Adam SZYMAŃSKI	Akademia Kungfu/Wushu Warszawa
8	Zachariasz WIĘZIK	Shaolin Kung Fu Beskidy

Northern Styles - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Barbara BABCZYŚZYN	Shaolin Yan Ti Tygrysy Kung Fu
3	Agata GODULA	Buski Klub Kung Fu Yantai
4	Daria MILANOWSKA	Shaolin Yan Ti Tygrysy Kung Fu

Northern Styles - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
2	Krzysztof MACZKOWIAK	Shaolin Yan Ti Tygrysy Kung Fu
3	Mariusz KOMUDA	Akademia Kungfu/Wushu Warszawa
4	Ireneusz NOJEK	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu

Northern Styles - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Beata ENGEL	Szkoła Chińskich Sztuk Walki Shaolin Olsztyn
2	Agnieszka WEISKE	Shaolin Yan Ti Tygrysy Kung Fu
3	Kamila WIŚNIEWSKA	Shaolin Yan Ti Tygrysy Kung Fu

Sword Routines - 18-39 years men - Traditional Routines,
 Sword Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
2	Mateusz PIETRZYK	YMAA Targos Wu Guan Wrocław
3	Krzysztof ROGALA	individual application

Start lists - Arena 1

Sword Routines - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Patrycja KOLASKA	Shaolin Kung Fu Beskidy
2	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
3	Magda SKIBA	MKS Kung Fu Wieliczka
4	Joanna MUDYNA	UKS Płaszowska Szkoła Kung Fu

Other Short and Soft Apparatus R - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Filip PARAFIŃSKI	MKS Kung Fu Wieliczka
2	Łukasz MAŚLANKA	UKS Kung Fu Tarnów
3	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska
4	Dariusz ROZMUS	ZKS Lampart Zabierzów
5	Wojciech LEŚNIEWSKI	individual application
6	Bartłomiej JANICKI	UKS Fu Hok Kuen Płock
7	Igor LITWIŃSKI	MKS Kung Fu Wieliczka
8	Michał ZIARNIK	Grupa Nia Kwang Chow Gar Kung Fu Polska
9	Jakub RESZKA	Akademia Kung Fu Tygrys i Żuraw
10	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa

Other Short and Soft Apparatus R - 18-39 years women - Traditional Routines

No.	Athlete	Team
1	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
2	Weronika KOSTKA	UKS Kung Fu Tarnów
3	Anna CIEŚLIK	ZKS Lampart Zabierzów
4	Aleksandra KALISZ	ZKS Lampart Zabierzów
5	Joanna MUDYNA	UKS Płaszowska Szkoła Kung Fu
6	Magdalena GNIADK	UKS Kung Fu Tarnów
7	Maja PRZEŹDZIECKA	Akademia Kung Fu Tygrys i Żuraw
8	Nikola SARGA	MKS Kung Fu Wieliczka

Spear Routines - 18-39 years men - Traditional Routines,
Spear Routines - 18-39 years women - Traditional Routines,
Spear Routines - 40-59 years men - Traditional Routines

No.	Athlete	Team
1	Filip PARAFIŃSKI	MKS Kung Fu Wieliczka
2	Tomasz KAPTUR	Legnicka Akademia Sportu Shaolin Wushu i Kung Fu
3	Jolanta DRUKAŁA	ZKS Lampart Zabierzów
4	Krzysztof ROGALA	individual application
-	Michał DENUSZEK	Grupa Nia Kwang Chow Gar Kung Fu Polska

Other Long Apparatus Routines - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Karol BROMBLIK	MKS Kung Fu Wieliczka
2	Dariusz ROZMUS	ZKS Lampart Zabierzów
3	Piotr CZERNIAWSKI	Akademia Kungfu/Wushu Warszawa
4	Tymoteusz DARDA	Akademia Kungfu/Wushu Warszawa

Start lists - Arena 1

Other Long Apparatus Routines - 18-39 years women - Traditional Routines,
 Other Long Apparatus Routines - 40-59 years men - Traditional Routines,
 Other Long Apparatus Routines - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Aleksandra KALISZ	ZKS Lampart Zabierzów
3	Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
4	Anna CIEŚLIK	ZKS Lampart Zabierzów
5	Agata GODULA	Buski Klub Kung Fu Yantai
6	Agnieszka WEISKE	Shaolin Yan Ti Tygrysy Kung Fu
7	Karolina KMIECIK	Buski Klub Kung Fu Yantai

Duilian (Set Sparring) - 18-39 years men - Traditional Routines

No.	Athlete	Team
1	Karol BROMBLIK, Wiktoria DĘBOSZ	MKS Kung Fu Wieliczka
2	Dariusz ROZMUS, Jolanta DRUKAŁA	ZKS Lampart Zabierzów
3	Filip PARAFIŃSKI, Magda SKIBA	MKS Kung Fu Wieliczka
4	Mateusz ROŻENEK, Radosław BOGUSZ	Grupa Nia Kwang Chow Gar Kung Fu Polska
5	Tymoteusz TATAR, Jan MŁYNARCZYK	Akademia Kung Fu Tygrys i Żuraw
6	Michał ZIARNIK, Jakub ZIARNIK	Grupa Nia Kwang Chow Gar Kung Fu Polska
7	Marcin JĘDRZEJOWSKI, Joanna MUDYNA	UKS Płaszowska Szkoła Kung Fu
-	Bartosz DZIADEK, Igor LITWIŃSKI	MKS Kung Fu Wieliczka

Duilian (Set Sparring) - 18-39 years women - Traditional Routines,
 Duilian (Set Sparring) - 40-59 years men - Traditional Routines,
 Duilian (Set Sparring) - 40-59 years women - Traditional Routines

No.	Athlete	Team
1	Jakub RESZKA, Mirosław BAŚCIUK	Akademia Kung Fu Tygrys i Żuraw
2	Agata GODULA, Wit KŁUSKIEWICZ	Buski Klub Kung Fu Yantai
3	Aleksandra KALISZ, Anna CIEŚLIK	ZKS Lampart Zabierzów
4	Anastazja KOTLIŃSKA, Maja PRZEŹDZIECKA	Akademia Kung Fu Tygrys i Żuraw
5	Agnieszka WEISKE, Barbara BABCZYSZYN	Shaolin Yan Ti Tygrysy Kung Fu
6	Krzysztof MACZKOWIAK, Daria MILANOWSKA	Shaolin Yan Ti Tygrysy Kung Fu