

Start lists - Arena 1

session 1 Nov. 19, 2022, 9 a.m.

Chen Style Taijiquan (traditional) - 12-14 years girls - Taijiquan Routines,
 Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines,
 Taijiquan Various Styles (traditional) - 15-17 years girls - Taijiquan Routines,
 Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Mahnoushadat MOOSSAVI	Kung Fu Pro Warszawa
3	Karolina KULAĞOWSKA	Kung Fu Pro Warszawa
4	Emilia CHMURSKA	Kung Fu Pro Warszawa
5	Vanessa PARADIUK	Kung Fu Pro Warszawa
6	Nikola WALICZEK	Shaolin Kung Fu Beskidy
7	Robert WOŹNIAK	Shaolin Kung Fu Beskidy

Simplified 24 Movements Taijiquan - 18-39 years women - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
 Simplified 24 Movements Taijiquan - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Anna WIĘCEK	Klub Sportowy Nanbei Tygrys Rzeszów
3	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

42 Movements Taijiquan - 12-14 years girls - Taijiquan Routines,
 42 Movements Taijiquan - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Karolina KULAĞOWSKA	Kung Fu Pro Warszawa
3	Vanessa PARADIUK	Kung Fu Pro Warszawa

Yang Style Taijiquan (40 Movements) - 18-39 years women - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 40-59 years men - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 40-59 years women - Taijiquan Routines,
 Yang Style Taijiquan (40 Movements) - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Wiktoria CIEŚLICKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
3	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów
4	Gerard POGODA	Klub Sportowy Nanbei Tygrys Rzeszów

42 Movements Taijijian - 12-14 years girls - Taijiquan Routines,
 42 Movements Taijijian - 18-39 years women - Taijiquan Routines

No.	Athlete	Team
1	Anna KUBIAK	Kung Fu Pro Warszawa
2	Karolina KULAĞOWSKA	Kung Fu Pro Warszawa
3	Emilia CHMURSKA	Kung Fu Pro Warszawa

Taijiquan 32 - 40-59 years women - Taijiquan Routines,
 Taijiquan 32 - 60 years and above women - Taijiquan Routines

No.	Athlete	Team
1	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów
2	Elżbieta PROSZAK	Klub Sportowy Nanbei Tygrys Rzeszów

Start lists - Arena 1

Chen Style Taijijian (traditional) - 18-39 years women - Taijiquan Routines,
Taijiquan Short Weapons (traditional) - 40-59 years women - Taijiquan Routines

No.	Athlete	Team
1	Mahnoushadat MOOSSAVI	Kung Fu Pro Warszawa
2	Mariola HOSZOWSKA	Klub Sportowy Nanbei Tygrys Rzeszów

awarding ceremony

session 2 Nov. 19, 2022, 3 p.m.

Changquan - 18 years and above men - Optional Routines (no nandu required)

No.	Athlete	Team
1	Michał MALINOWSKI	Kung Fu Pro Warszawa
2	Morgan MYŚKO	Kung Fu Pro Warszawa

Changquan 1 Set - Group B (12-14 years) girls - Compulsory Routines

No.	Athlete	Team
1	Marika BRODOWSKA	Krakowska Szkoła Wushu
2	Maja LIBER	Krakowska Szkoła Wushu

Changquan 32 Movements - Group B (12-14 years) girls - Compulsory Routines,
Changquan 32 Movements - Group A (15-17 years) girls - Compulsory Routines,
Changquan 32 Movements - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Yao Ye WEI	Kung Fu Pro Warszawa
2	Xiang DING	Kung Fu Pro Warszawa
3	Jing Shan WEN	Kung Fu Pro Warszawa
4	Anna WASILEWSKA	Kung Fu Pro Warszawa

Changquan 32 Movements - Group C (under 12) boys - Compulsory Routines

No.	Athlete	Team
1	Fryderyk LIBER	Krakowska Szkoła Wushu

Daoshu - 18 years and above men - Optional Routines (no nandu required),
Jianshu - 18 years and above men - Optional Routines (no nandu required)

No.	Athlete	Team
1	Michał MALINOWSKI	Kung Fu Pro Warszawa
2	Morgan MYŚKO	Kung Fu Pro Warszawa
3	Mateusz SIEMIANOW	Krakowska Szkoła Wushu

Jianshu 1 Set - Group A (15-17 years) girls - Compulsory Routines,
Jianshu 1 Set - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Estera WIERZBIŃSKA	Krakowska Szkoła Wushu
2	Kamila ŚWIATŁY	Krakowska Szkoła Wushu

Jianshu 32 Movements - Group B (12-14 years) girls - Compulsory Routines,
Jianshu 32 Movements - Group A (15-17 years) girls - Compulsory Routines,
Jianshu 32 Movements - 18-39 years women - Compulsory Routines

No.	Athlete	Team
1	Xiang DING	Kung Fu Pro Warszawa
2	Jing Shan WEN	Kung Fu Pro Warszawa
3	Yao Ye WEI	Kung Fu Pro Warszawa

Start lists - Arena 1

Gunshu - 18 years and above men - Optional Routines (no nandu required),
 Qiangshu - 18 years and above men - Optional Routines (no nandu required),
 Gunshu 1 Set - 18-39 years men - Compulsory Routines

No.	Athlete	Team
1	Morgan MYŚKO	Kung Fu Pro Warszawa
2	Michał MALINOWSKI	Kung Fu Pro Warszawa
3	Maciej WILCZYŃSKI	Krakowska Szkoła Wushu

Qiangshu 2 Set - Group A (15-17 years) girls - Compulsory Routines

No.	Athlete	Team
1	Izabela JAJEŚNIAK	Krakowska Szkoła Wushu

Gunshu 1 Set - Group B (12-14 years) girls - Compulsory Routines

No.	Athlete	Team
1	Marika BRODOWSKA	Krakowska Szkoła Wushu

Gunshu 32 Movements - Group C (under 12) boys - Compulsory Routines

No.	Athlete	Team
1	Fryderyk LIBER	Krakowska Szkoła Wushu

awarding ceremony