

Start lists - Arena 1

session 1 Nov. 30, 2024, 9:30 a.m.

Changquan - 18 years and above men - Optional Routines (no nandu required),
Changquan 1 Set - 18-39 years women - Compulsory Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Michał MALINOWSKI | Kung Fu Pro Warszawa |
| 2 | Morgan MYŚKO | Kung Fu Pro Warszawa |
| 3 | Małgorzata PIEŚNIEWSKA | Kung Fu Pro Warszawa |

42 Movements Taijiquan - 15-17 years girls - Taijiquan Routines,
42 Movements Taijiquan - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------|----------------------|
| 1 | Vanessa PARADIUK | Kung Fu Pro Warszawa |
| 2 | Paweł WIECZOREK | Kung Fu Pro Warszawa |
| - | Tomasz DYBICZ | Kung Fu Pro Warszawa |

Yang Style Taijiquan New Standardized Routine - 18-39 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|-------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |

Yang Style Taijiquan (traditional) - 60 years and above men - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------|--|
| 1 | Enzo MANCA | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |

Chen Style Taijiquan (traditional) - 18-39 years women - Taijiquan Routines,
Chen Style Taijiquan (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|-----------------|----------------------|
| 1 | Emilia CHMURSKA | Kung Fu Pro Warszawa |
| 2 | Marcin ZARÓD | UKS Kung Fu Tarnów |

Simplified 24 Movements Taijiquan - 40-59 years men - Taijiquan Routines,
Simplified 24 Movements Taijiquan - 60 years and above men - Taijiquan Routines

| No. | Athlete | Team |
|-----|----------------|-------------------------|
| 1 | Robert WOŹNIAK | Shaolin Kung Fu Beskidy |
| 2 | Marek MAGIERA | Shaolin Kung Fu Beskidy |

Taijiquan Various Styles (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|----------------|-------------------------|
| 1 | Robert WOŹNIAK | Shaolin Kung Fu Beskidy |

Daoshu - 18 years and above men - Optional Routines (no nandu required),
Jianshu - 18 years and above men - Optional Routines (no nandu required),
Daoshu 1 Set - 18-39 years women - Compulsory Routines

| No. | Athlete | Team |
|-----|------------------------|----------------------|
| 1 | Morgan MYŚKO | Kung Fu Pro Warszawa |
| 2 | Michał MALINOWSKI | Kung Fu Pro Warszawa |
| 3 | Małgorzata PIEŚNIEWSKA | Kung Fu Pro Warszawa |

42 Movements Taijijian - 15-17 years girls - Taijiquan Routines,
42 Movements Taijijian - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|------------------|----------------------|
| 1 | Vanessa PARADIUK | Kung Fu Pro Warszawa |
| - | Tomasz DYBICZ | Kung Fu Pro Warszawa |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|-----------------|----------------------|
| - | Paweł WIECZOREK | Kung Fu Pro Warszawa |

Yang Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines

| No. | Athlete | Team |
|-----|-------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |

Chen Style Taijijian New Standardized Routine - 18-39 years women - Taijiquan Routines,
Chen Style Taijijian (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|-----------------|----------------------|
| 1 | Anna KUBIAK | Kung Fu Pro Warszawa |
| 2 | Emilia CHMURSKA | Kung Fu Pro Warszawa |
| 3 | Marcin ZARÓD | UKS Kung Fu Tarnów |

Chen Style Taiji Dao (traditional) - 60 years and above men - Taijiquan Routines

| No. | Athlete | Team |
|-----|---------------|-------------------------|
| 1 | Marek MAGIERA | Shaolin Kung Fu Beskidy |

Taijiquan Long Weapons (traditional) - 40-59 years men - Taijiquan Routines

| No. | Athlete | Team |
|-----|--------------|--------------------|
| - | Marcin ZARÓD | UKS Kung Fu Tarnów |

Gunshu - 18 years and above men - Optional Routines (no nandu required)

| No. | Athlete | Team |
|-----|-------------------|----------------------|
| 1 | Michał MALINOWSKI | Kung Fu Pro Warszawa |

session 2 Nov. 30, 2024, 2:30 p.m.

Other Short and Soft Apparatus R - 9-11 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|------------------------------|
| 1 | Dawid WÓJCIK | UKS Kung Fu Tarnów |
| 2 | Oliver GIBAŁA | UKS Kung Fu Tarnów |
| 3 | Filip ZIARKOWSKI | ZKS Lampart Zabierzów |
| 4 | Julian TEKIELAK | UKS Płazowska Szkoła Kung Fu |

Other Short and Soft Apparatus R - 9-11 years girls - Traditional Routines,
Other Short and Soft Apparatus R - 12-14 years girls - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|------------------------------|
| 1 | Aleksandra HEBDA | UKS Płazowska Szkoła Kung Fu |
| 2 | Maria DEJA | UKS Płazowska Szkoła Kung Fu |
| 3 | Alicja DERŻKO | UKS Kung Fu Tarnów |
| 4 | Maria MISZKURKA | YMAA Targos Wu Guan Wrocław |

Other Short and Soft Apparatus R - 12-14 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------------|------------------------------|
| 1 | Adam WARGACKI | UKS Płazowska Szkoła Kung Fu |
| 2 | Oskar TABORSKI | UKS Płazowska Szkoła Kung Fu |
| 3 | Franciszek MIŚKIEWICZ | ZKS Lampart Zabierzów |
| 4 | Tymoteusz FURTAK | YMAA Targos Wu Guan Wrocław |
| 5 | Maksymilian CHUCHERKO | ZKS Lampart Zabierzów |

Start lists - Arena 1

Other Short and Soft Apparatus R - 15-17 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|---------------------------|
| 1 | Franciszek DERŻKO | UKS Kung Fu Tarnów |
| 2 | Mieszko PRZYGODA | UKS Kung Fu Tarnów |
| 3 | Jakub BILUT | UKS Kung Fu Tarnów |
| 4 | Łukasz STRZAŁKOWSKI | UKS Kung Fu Tarnów |
| 5 | Bartosz DZIADEK | MKS Kung Fu Wieliczka |
| 6 | Aleksander OSSOWSKI | ZKS Lampart Zabierzów |
| 7 | Wit KŁUSKIEWICZ | Buski Klub Kung Fu Yantai |

Other Short and Soft Apparatus R - 15-17 years girls - Traditional Routines

| No. | Athlete | Team |
|-----|---------------|-----------------------|
| 1 | Natalia ZARÓD | UKS Kung Fu Tarnów |
| 2 | Joanna KUŁACH | MKS Kung Fu Wieliczka |

Spear Routines - 9-11 years boys - Traditional Routines,
Spear Routines - 12-14 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------------|-----------------------|
| 1 | Filip ZIARKOWSKI | ZKS Lampart Zabierzów |
| 2 | Maksymilian CHUCHERKO | ZKS Lampart Zabierzów |
| 3 | Franciszek MIŚKIEWICZ | ZKS Lampart Zabierzów |

Spear Routines - 15-17 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|------------------------------|
| 1 | Franciszek DERŻKO | UKS Kung Fu Tarnów |
| 2 | Jakub OLESZCZUK | UKS Płazowska Szkoła Kung Fu |
| 3 | Jakub BILUT | UKS Kung Fu Tarnów |
| 4 | Bartosz DZIADEK | MKS Kung Fu Wieliczka |
| - | Aleksander OSSOWSKI | ZKS Lampart Zabierzów |

Other Long Apparatus Routines - 12-14 years boys - Traditional Routines,
Other Long Apparatus Routines - 15-17 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------|------------------------------|
| 1 | Jakub OLESZCZUK | UKS Płazowska Szkoła Kung Fu |
| 2 | Oskar TABORSKI | UKS Płazowska Szkoła Kung Fu |

Other Long Apparatus Routines - 15-17 years girls - Traditional Routines

| No. | Athlete | Team |
|-----|--------------------|---------------------------|
| 1 | Patrycja SŁOPIECKA | Buski Klub Kung Fu Yantai |

Male Duilian (Choreographed Sparring) - 12-14 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|---|------------------------------|
| 1 | Oskar TABORSKI, Adam WARGACKI | UKS Płazowska Szkoła Kung Fu |
| 2 | Franciszek MIŚKIEWICZ, Filip ZIARKOWSKI | ZKS Lampart Zabierzów |

Male Duilian (Choreographed Sparring) - 15-17 years boys - Traditional Routines

| No. | Athlete | Team |
|-----|--|-----------------------------|
| 1 | Maksymilian CHUCHERKO, Aleksander OSSOWSKI | ZKS Lampart Zabierzów |
| 2 | Filip FURTAK, Tymoteusz FURTAK | YMAA Targos Wu Guan Wrocław |

Start lists - Arena 1

Female Duilian (Choreographed Sparring) - 12-14 years girls - Traditional Routines

| No. | Athlete | Team |
|-----|------------------------------|-------------------------------|
| 1 | Aleksandra HEBDA, Maria DEJA | UKS Płaszowska Szkoła Kung Fu |

Mixed Duilian (Mixed Pairs Choreographed Sparring) - 15-17 years None - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------------------|--------------------|
| 1 | Natalia ZARÓD, Mieszko PRZYGODA | UKS Kung Fu Tarnów |

session 3 Dec. 1, 2024, 9:30 a.m.

Northern Styles - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---|
| 1 | Jakub DZIECIELSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 2 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |
| - | Krzysztof ROGALA | individual application |

Northern Styles - 18-39 years women - Traditional Routines,
Northern Styles - 40-59 years women - Traditional Routines

| No. | Athlete | Team |
|-----|--------------------|--|
| 1 | Patrycja KOLASKA | Shaolin Kung Fu Beskidy |
| 2 | Beata ENGEL | Szkoła Chińskich Sztuk Walki Shaolin Olsztyn |
| 3 | Hanna GWÓZDŹ | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 4 | Tatiana FABIJAŃSKA | Shaolin Kung Fu Beskidy |

Northern Styles - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---|
| 1 | Arkadiusz PŁOSKA | Akademia Kungfu/Wushu Warszawa |
| 2 | Krzysztof LEGUTKO | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 3 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| - | Ireneusz NOJEK | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |

Spear Routines - 18-39 years men - Traditional Routines,
Spear Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------|--|
| 1 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 2 | Marek USZKUR | MKS Kung Fu Wieliczka |
| 3 | Konrad MAŚNICKI | UKS Fu Hok Kuen Płock |

Spear Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-----------------|-----------------------|
| 1 | Jolanta DRUKAŁA | ZKS Lampart Zabierzów |

Cudgel Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|---------------------------------|
| 1 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| 2 | Grzegorz RYCHLEWSKI | UKS Fu Hok Kuen Płock |
| 3 | Andrzej ZAGÓRSKI | MKS Kung Fu Wieliczka |
| - | Marcin ZARÓD | UKS Kung Fu Tarnów |

Cudgel Routines - 18-39 years men - Traditional Routines

| No. | Athlete | Team |
|-----|----------------|-----------------------|
| 1 | Karol BROMBLIK | MKS Kung Fu Wieliczka |

Start lists - Arena 1

| No. | Athlete | Team |
|-----|--------------------|---|
| 2 | Łukasz MAŚLANKA | UKS Kung Fu Tarnów |
| 3 | Jan MŁYNARCZYK | Akademia Kung Fu Tygrys i Żuraw |
| 4 | Jakub DZIECIELSKI | Shaolin Kung Fu - Szkoła Chińskich Sztuk Walki Gdynia |
| 5 | Bartłomiej JANICKI | UKS Fu Hok Kuen Płock |
| 6 | Igor LITWIŃSKI | MKS Kung Fu Wieliczka |
| 7 | Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |

Cudgel Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|---------------------|---------------------------------|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Emilia RYCHLEWSKA | UKS Fu Hok Kuen Płock |
| 3 | Julia AUGUSTYN | UKS Kung Fu Tarnów |
| 4 | Anastazja KOTLIŃSKA | Akademia Kung Fu Tygrys i Żuraw |
| 5 | Agata GODULA | Buski Klub Kung Fu Yantai |
| 6 | Amelia ORKISZ | Buski Klub Kung Fu Yantai |

Other Long Apparatus Routines - 18-39 years men - Traditional Routines,
Other Long Apparatus Routines - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|------------------|--|
| 1 | Karol BROMBLIK | MKS Kung Fu Wieliczka |
| 2 | Dariusz ROZMUS | ZKS Lampart Zabierzów |
| 3 | Tomasz KAPTUR | Legnicka Akademia Sportu Shaolin Wushu i Kung Fu |
| 4 | Mirosław BAŚCIUK | Akademia Kung Fu Tygrys i Żuraw |
| 5 | Tymoteusz DARDA | Akademia Kungfu/Wushu Warszawa |

Other Long Apparatus Routines - 18-39 years women - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------|---------------------------|
| 1 | Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Aleksandra KALISZ | ZKS Lampart Zabierzów |
| 3 | Karolina KMIECIK | Buski Klub Kung Fu Yantai |

Male Duilian (Choreographed Sparring) - 18-39 years men - Traditional Routines,
Male Duilian (Choreographed Sparring) - 40-59 years men - Traditional Routines

| No. | Athlete | Team |
|-----|--------------------------------|---------------------------------|
| 1 | Karol BROMBLIK, Igor LITWIŃSKI | MKS Kung Fu Wieliczka |
| 2 | Mirosław BAŚCIUK, Jakub RESZKA | Akademia Kung Fu Tygrys i Żuraw |

Female Duilian (Choreographed Sparring) - 40-59 years women - Traditional Routines

| No. | Athlete | Team |
|-----|------------------------------------|-----------------------|
| 1 | Izabela GROCHAL, Dominika ZAGÓRSKA | MKS Kung Fu Wieliczka |

Mixed Duilian (Mixed Pairs Choreographed Sparring) - 18-39 years None - Traditional Routines

| No. | Athlete | Team |
|-----|-------------------------------------|---------------------------------|
| 1 | Karol BROMBLIK, Wiktoria DĘBOSZ | MKS Kung Fu Wieliczka |
| 2 | Filip PARAFIŃSKI, Magda SKIBA | MKS Kung Fu Wieliczka |
| 3 | Anastazja KOTLIŃSKA, Jan MŁYNARCZYK | Akademia Kung Fu Tygrys i Żuraw |
| 4 | Agata GODULA, Wit KŁUSKIEWICZ | Buski Klub Kung Fu Yantai |
| 5 | Jolanta DRUKAŁA, Dariusz ROZMUS | ZKS Lampart Zabierzów |

session 4 Dec. 1, 2024, 2:30 p.m.